

LAMBDA

Frosh concert: now with fist-pumping action

Matt Moskal
Editor-in-Chief

Laurentian Frosh received a powerful welcoming from high-energy hardcore outfit Alexisonfire on the Sept. 19.

Returning to Sudbury as part of their second year of campus tours in a row, the St. Catharines five-piece shared their appreciation for the Nickel City with tracks from their new album *Old Crows/Young Cardinals* and other crowd favourites. Cuts from their first three albums included *Boiled Frogs*, *Accidents* and *This Could Be Anywhere in the World* among a mixed bag of hits and standbys.

Guitarist and vocalist Wade MacNeil recalls the group's first experience with a Sudbury audience: "That was the first show we ever played, we played the Game's Room. We came back a couple of weeks and we played the Game's Room again and then we played the Townhouse that night. We got asked to close out the night, they wanted us to play until last call and we didn't even have a record out."

MacNeil along with vocalist George Pettit, guitarist and vocalist Dallas Green, bassist Chris Steele and drummer Jordan "Rat Beard" Hastings have since returned to play halls and various all-ages venues across Sudbury.

After reaching a higher tier of Canadian celebrity following the release of their second album, *Watch Out!*, Alexisonfire were able to headline more concerts and subsequently bring more attention to bands they'd played and attended local shows with.

"I think that's one of the coolest things that we've been able to do with a small amount of notoriety," says MacNeil. "When we were finally able to start headlining we had to make sure that we were going to be able to tour across Canada and draw people. The first thing we started doing was bring bands that we really liked and bands



Photo by Jacqueline Miller

George Pettit of Alexisonfire asks fans to scream at the top of their lungs at Frosh Concert '09.

that we thought kids didn't know about as much. Touring with bands we think are important."

It's through this process that Alexisonfire bolstered the careers of friends in Moneen, Cancer Bats, Attack in Black and recent Polaris Prize winners *F***ed Up*. This style of networking is also how the band met up with their opening acts for the evening, Sudbury bands Statues and Vicious Cycle.

"I think there are a lot of likeminded people even if your bands don't sound the same," says MacNeil. "Obviously we're a far cry from Statues or Vicious Cycle."

Statues bassist and back-up vocalist Mitch Houle couldn't agree more.

"I find it boring when there's a show with four bands that sound identical to one another," says Houle.

Both bands of Sudbury locals met enthusiastic responses from an audience of new students and new listeners. It was an opportunity that Houle admits can be rare with a lack of an all-ages community.

"I think there are a lot of good local bands that don't get a chance to have a wider audience in their home towns."

For Alexisonfire, Statues and Vicious Cycle, it took more than just a few casual listeners to secure their latest campus tour.

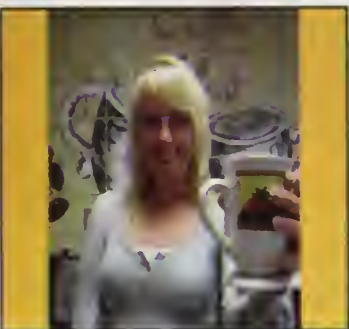
"That all-ages aspect of it is really important," says MacNeil. "Those are the people buying music

and those are the people that are most passionate about it. Instead of people just sitting around and drinking, looking at you wide-eyed, young kids come to a show and want to dance and sing, and you know, make some trouble."

The drinking area of this year's Frosh concert was noticeably smaller than the year before. This allowed students more space to express their passion for the band's music physically.

It took until last year for Alexisonfire to embrace their campus crowd, MacNeil says the band was a bit gun-shy when it came to booking college and university shows.

Continued on page 4.



How to get involved in Lambda and Know your Barrista Pg. 2



Profiles: Coffee Club and the new President of Thorneloe Pg. 3



Froshapalooza vs. Frosh Concert Pg. 4



Under Milk Wood Preview Pg. 5

Biology students trek into the wild Pg. 7



Photo by Luke Norton

Students crowd the Great Hall for opening act Statues at this year's Frosh Concert.

LAMBDA

Executive Staff:

Editor-in-Chief
Matt Moskal

Financial Director
Tannys Laughren

Assistant Editor
Vacant

Editorial Staff:
Arts & Entertainment Editor
Vacant

Sports Editor
Vacant

Science & Technology Editor
Vacant

Contributors:

Lambda is currently looking for volunteer contributors for the 2009-2010 Academic Term.

Board of Directors:

Tannys Laughren
Dan Thomson
Bruce Dadey
Alison Hood
Ashley Thomson
Matt Moskal

Printer:

Journal Printing

Circulation:

Lambda circulates 2,200 copies throughout the City of Greater Sudbury and Laurentian University Campus. We thank the following for permitting us to circulate our paper at their establishments:

Williams Coffee Pub
The Townhouse Tavern
Black Cat
Regent Street Residence

LAMBDA Publications is the bi-weekly student newspaper of, by and for the students of Laurentian University. Lambda is funded through a direct student levy by members of the Students' General Association / Association generale des etudiantes, yet remains autonomous from all university organizations, both student and administrative.

SCE 301 Student Centre
Laurentian University
Sudbury, ON P3E 2C6
(705) 673-6548

lambda@laurentian.ca

Write To Us:

Include your full name and student number. Please keep articles to a maximum of 700 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist, for length, or legal purposes. Letters of a harassing or slanderous nature will be dealt with by proper authorities.

Getting involved with Lambda



Matt Moskal
Editor-in-Chief

If you're picking up this issue on Sept. 24 and you're not in the Bowling Alley, you may be missing out on many an opportunity to make the best of your time here at Laurentian.

If you've already been to the Bowling Alley, disregard that previous statement.

We here at Lambda have been looking forward to this day

all month. Today is the day that all of those people interested in contributing to this year's paper or applying for an editor's position can stop by our table at Club Days and make their intentions known.

Obviously we have been working with a relatively small staff since this Summer and vacant isn't actually the name of a multi-tasking Assistant/Sports/Arts & Entertainment Editor. All three of these positions need to be filled.

Perhaps a little information on the three positions needs to be cleared before you determine whether or not you've got the right stuff for the job.

Assistant Editor – Assisting the Editor-in-Chief with layout, content editing, distribution and submitting original content. The position is given to the person who displays exceptional leadership skills and time management skills. The Assistant Editor traditionally has the honour of becoming the Editor-in-Chief for next year's paper.

Sports Editor – Maintains

and regulates the Sports section of Lambda. The Sports Editor is responsible for keeping up-to-date with sporting events and sifting through the press releases sent by the Laurentian Athletics department for story ideas. The Sports Editor is also responsible for editing submissions from contributors for the Sports section and may also assign stories to contributors.

Arts & Entertainment Editor – The Arts & Entertainment Editor must show a passion for the A&E field. Sudbury's arts community is a lot more active than you may think. A&E Editor must keep up with on-campus happenings such as concerts, theatre productions, Airbandz and celebrity guest speakers. Off-campus venues such as The Townhouse, Sudbury Theatre Centre and various art galleries downtown all have strong ties to the campus and community. It would be a shame to waste these connections. Must also be able to edit submitted A&E content, submit your own original work and interview persons of

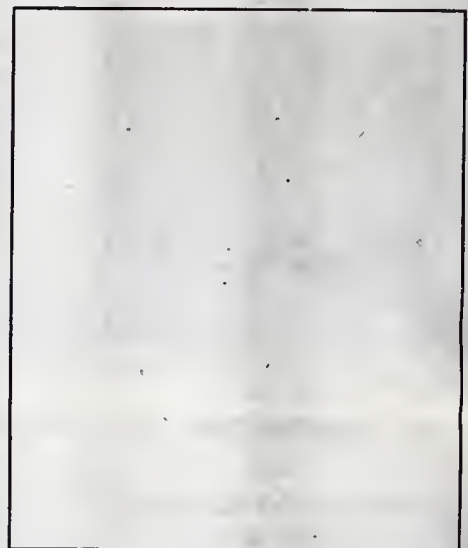
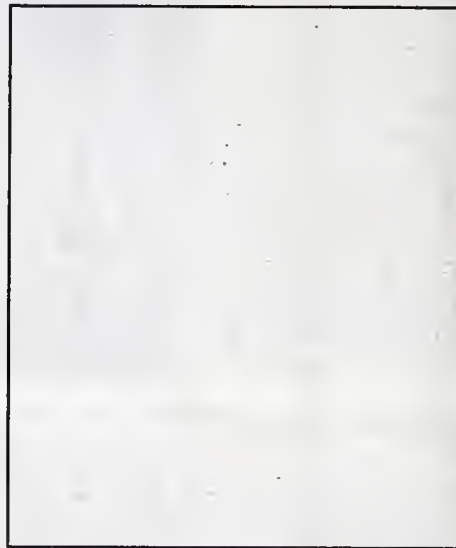
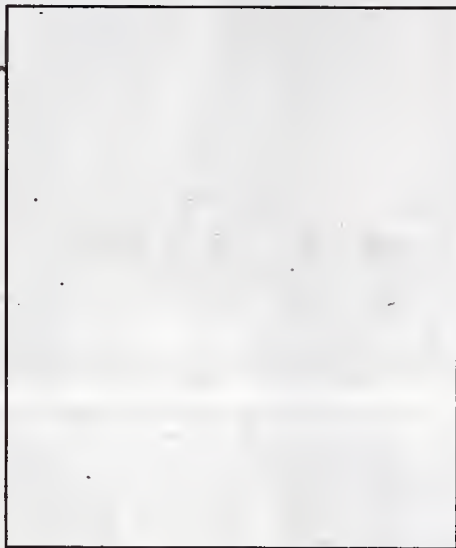
some celebrity. It's not all glitz and glamour; they like to talk a lot.

We are always looking for contributions whether they are Campus News, Arts & Entertainment, Sports or Science and Technology. Make sure to include your name and try to take as many pictures as possible. You do not have to show previous work to apply, just submit your article idea well in advance and the actual article on the Friday before publication at noon at the latest, unless you are given special permission to cover a weekend event.

We are also looking for photo submission for our new Campus Candid's section, which will be included in each issue. Submit your photos of events on campus, ridiculous moments in residence, intramural sports or nature photography to lambda@laurentian.ca. Must include your name, a description of the happenings in the photo along with names of your subject matter and their program year.

Procratination Comics

Fill in when you're busy. Scan and send to lambda@laurentian.ca.



Make your academic future more flexible with Athabasca University.

• At Athabasca University, our large selection of courses and programs can be a big plus to your academic career. • So be sure to keep us in mind like Sarah did. Sarah is attending university full-time in Calgary, Alberta. But in order to maximize her schedule, she needed to take some courses that weren't available during the times she wanted. The solution? Sarah is taking some AU courses and will transfer the credits over towards her degree. • AU offers over 700 courses and 90 undergraduate and graduate degree, diploma and certificate programs to select from. If you're 16 or older, and are eager to learn, you can study at AU. • Academic choice. Another reason why AU stands out as a global leader in distance learning excellence.

standout • www.athabasca.ca/standout
1-800-788-9041

Athabasca University

Know your Barrista



Photo by Luke Norton

Name: Amber-Lee

Year: Fourth

Program: Bio Medical Biological (Human Biology)

Favourite Type of Coffee: Honduran

Favourite Part About Coffee Club: "Our new system of reusable ceramic mugs. The attendant washes them and there's no deposit or fee require. In the future we're looking to get travel mugs."

Club profile: Coffee Club

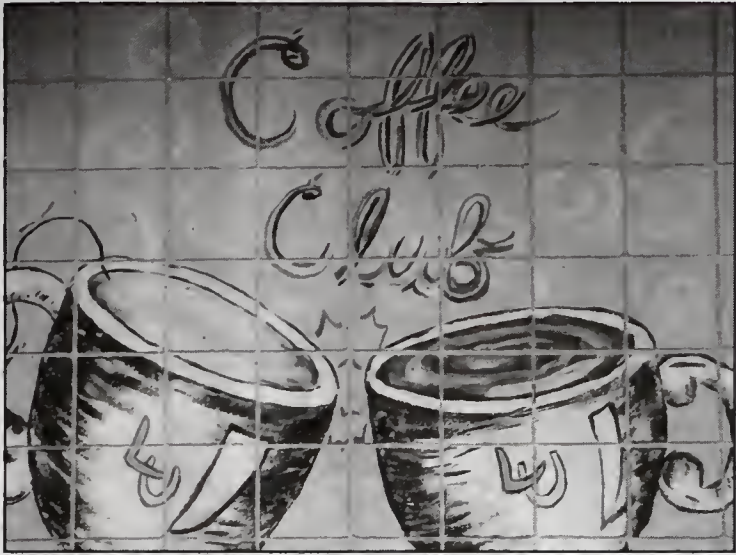


Photo by Luke Norton

Luke Norton
Lambda Staff

Aramark doesn't like it, the university won't help it and not everyone even knows that it exists.

The Laurentian Coffee Club hasn't had an easy ride over its first three years as a student-created and run service, but with a new mural to showcase its location and a new semester to expand awareness, the Coffee Club looks poised for another tremendous year of growth in the Student Centre.

The Coffee Club began three years ago as a joint initiative between then SGA President Sebastian Perth, and then AEF President Daniel Mayer. Coffee Club serves as a means to circumvent Aramark's lack of a truly fair trade and organic option for coffee. Severely handcuffed by a contract between Aramark and Laurentian University that gave Aramark a virtual food monopoly on campus, the two student associations had to come up with a way to get around the fact that Aramark wouldn't let them sell a product it was already selling.

That's when the idea was struck to form the coffee shop as a club. Members would buy membership cards as opposed to coffee. So because the "club" was selling memberships instead of coffee, Aramark couldn't say boo about it. Clever, right? So students, faculty and staff started buying membership cards in \$10 or \$5 amounts (or they could see what the club had to offer with a \$1 "trial membership") and as a reward for joining, the club members would receive one free cup of coffee per dollar donated.

The ploy, clever as it is, was not well received by Aramark, who actively tried to have the club shut down. In one episode, which has already become part of Laurentian student lore, Aramark called the Health Inspector on the club in an attempt to have them closed for health violations. In one of the all-time great backfires, the inspector visited the Games Room and finding the Club in perfect compliance, wandered over to the Aramark-owned Tim Hortons in the Student Centre, which was promptly shut down for several code violations.

The prices have gone up a little since that first year, but the Club itself has also seen a dramatic increase in its traffic volume. Even though the club has more than doubled in size since its first year, Valerie Maltais, a third-year Earth Sciences student and current Games Room/Coffee Club manager, thinks there is still room to grow.

"The response has been good, but we want to expand and we want

more students who aren't already regulars here to become more aware of what we have to offer," says Maltais. "It's really important to students, even if they don't realize it yet. It gives a more personal level of service. We take suggestions very seriously, and it's all friendly outgoing students who work here."

And what the Club offers is ever expanding. In addition to offering organic fair trade coffee, roasted here in Sudbury by the locally-owned Old Rock, the Coffee Club has stepped up its environmental responsibilities by starting a reusable ceramic mug program that allows coffee buyers to borrow a mug, without fee or deposit, that when returned is washed and reused by the Club. The Club is even looking to expand the program to include travel mugs for those students and faculty with long walks on campus. Maltais says that this year their short-term goal include making enough money to buy a cappuccino machine to provide even more types of products.

The long-term goals for the Club include expanding their presence on campus.

"Our campus is quite large, and a lot of Science and other students never make their way here. Eventually, opening a coffee club in the Library would make it a little more accessible to other students"

The Club has had a lot of support not just from students, but from faculty and staff as well. "We have a lot of support from the professors," Maltais says.

"People from the Library have been giving us a lot of attention, people from the Parker Building drop by and the profs from the Arts building are starting to come around. It's exciting."

This year the Club is trying to expand that support base and to draw more attention to their stand with a new student-painted mural, done by 3rd-year Geology student Petr van Walraven.

"We're trying to present a more professional image, and to make it more attractive to all the different groups on campus."

What began as an underground attempt to provide actual fair trade, organic coffee to the Laurentian community has turned into an expanding and thriving addition to the Student Centre. Oh, and it's also helping to foster a sense of student identity and student power on campus. Not too bad for an underdog. Just goes to show what young people with bright ideas can achieve if they try.

Club "Memberships" can be purchased at the Coffee Club in the Games Room, and if Aramark asks, the coffee was free.

Meet the new President and Provost of Thorneloe



Photo by Luke Norton

Rev. Dr. Robert Robert Derrenbacher, Jr. became the new President and Provost of Thorneloe as of Jul. 1 of this year.

Luke Norton
Lambda Staff

Thorneloe University is under the charge of a new face this year, the Rev. Dr. Robert Derrenbacher, Jr., began his term as Thorneloe's newest President and Provost on Jul. 1.

Originally hailing from New York State, Derrenbacher moved to Canada with his wife and became Canadian citizens. Prior to his arrival on our campus, Derrenbacher and his wife had spent six years as full-time faculty members at a theological college at the University of British Columbia, where he taught biblical studies.

Derrenbacher received his PhD in Biblical Studies from the University of Toronto in 2001 and was made first a Deacon and then a Priest by the Anglican Diocese of Toronto in 2001 and 2002, respectively. According to Derrenbacher, both he and his wife, a theological librarian, "really feel more connected to the east than the west in many ways, although we certainly enjoyed our time out west. I'll miss in particular the skiing." Living back in the east also allows him to be closer to family, as well as time to travel down to Toronto to catch some Yankee games when they're in town.

The east also provides some unique challenges and opportunities for Derrenbacher. The shift, he says, has been a smooth and easy one from faculty member at a religious college to the head of a small university that houses not just religious studies, but Classical Studies, Theatre Arts, Film Studies and Women's Studies as well.

"I've always had an interest in interdisciplinary studies and cross-disciplinary approaches. In my own teaching, I have integrated film into my biblical studies classes," Derrenbacher says. "I'm really excited to be part of an institution that yes, teaches in religious studies, but also one that is cross-disciplinary

and that integrates a number of things that I've always been interested in."

Aside from being an admitted movie buff, Derrenbacher notes, "there's a logical interface between Classics and my own discipline of New Testament studies. My field is a very historical linguistic philological approach to the New Testament, which is of course a First Century document written in Greek. So there are some obvious parallels."

Aside from his teachings in biblical exegesis, Derrenbacher has also taught Greek and done extensive historical research into the first century Roman world, in order to add richness to his own gospel studies and teaching.

"I'm really excited to be part of an institution that yes, teaches in religious studies, but also one that is cross-disciplinary and that integrates a number of things that I've always been interested in."

Rev. Dr. Robert Derrenbacher, Jr.
President and Provost of
Thorneloe

"If I had to do my educational experience over again, I'd do an undergraduate degree in Classics, because I think Classics provides a great foundation."

Derrenbacher also sees plenty of opportunities for Thorneloe to grow. Having heard about Thorneloe's Classics program from a church parishioner back in BC, Derrenbacher is keen on helping his faculty be better promoted nationally and internationally. Perhaps most excitingly, he also hopes to expand Thorneloe's compliment of full-time faculty, although he gave no indication as to which program could be seeing expansion in the future.

While Derrenbacher notes

that Thorneloe is still "negotiating the financial times in which we find ourselves," he remains optimistic about the possibility that this economic recession's silver lining may be that it will send more people in post secondary education, and excited to see what kind of numbers Thorneloe will attract this year.

To help with drawing students, Derrenbacher himself will be teaching two courses as part of the Religious Studies program. In the Fall semester the Reverend is currently offering a course on the earliest gospel. His own favourite, the Gospel of Mark, will include readings, an examination of scholarship on the gospel and most importantly, comparative readings with the other gospels to help students distinguish and celebrate Mark's contribution to the New Testament.

In the Winter semester he will be offering a quick survey course looking at the 13 letters written by Paul in the New Testament. The class will give a historical overview of the Paul's background, as well as a study of the situations that occasioned the letters, Paul's own theology and a ultimately a "look at how Paul has been understood, or misunderstood, historically."

Regardless of whether students are interested in religious studies credits or not, Derrenbacher hopes that students will turn check out Thorneloe's offerings when deciding on courses.

"I would encourage students that may be reading to consider all of our courses at Thorneloe," he says, "especially new students looking for elective courses or students looking for course to finish out a degree."

Students interested in learning more about Thorneloe programs or course offerings can find out more by visiting <http://thorneloe.laurentian.ca> or by contacting Susan Moores at the Thorneloe main office.

Alexisonfire (continued)



Photo by Jacqueline Miller

Dallas Green of Alexisonfire sings the melodic counterpart to his bandmate's intense vocals.

(Continued from page 1) "We did it last year and quite frankly we were really surprised with how great it was. It's something we shied away from doing for quite a long time because we didn't want it to be f***ing Molson Canadian presents: 'Rock 'n' Roll band Alexisonfire'. There's a lot of people who are just stoked to go to a show. I think it's primarily first year students that are coming out and it's something that's happening right away when they're moving away from home. Everyone's ready to party and have a good time."

Between last year's campus tour and this year's, the band put out their fourth album, *Old Crows/Young Cardinals*, which came from a much needed touring break.

"When we stopped touring for our last record and we were miserable when we were done," says MacNeil. "We just got out of the

swing of it for a while then when we came back it was like making out in the back seat of your parent's car."

Now, with their new album, Alexisonfire are finishing their second campus tour and soon heading to Europe to promote the new album, visiting places that members of Statues admit can be far more punk rock than North America.

"I think they're very serious about their punk rock over in Europe because a lot of the social issues of Right vs. Left are still very prevalent," says Houle. "On our tour in Europe we ended up at an anti-Nazi rally on Mayday, because that's when all the hate groups do their little speeches. So we were in this little castle village with a couple thousand protestors and a couple thousand cops and a handful of Nazis doing their hate speeches, it's pretty f***ing crazy."



Photo by Luke Norton

Sudbury's Statues (Rob Seaton on vocals and guitar, Jeff Houle on drums and vocals and Mitch Houle on bass and vocals) open for Alexisonfire along with locals Vicious Cycle at the 2009 Frosh Concert.

Froshapalooza follies

Matt Moskal
Editor-in-Chief

Despite the campaigning efforts of the SGA and a strong show of talent from local performers, the third annual Froshapalooza in the Student Centre on Sept. 17 met little response from the student body.

"Walls, they're the best listeners," jokes Andrew Lavolette, Outdoor Adventure Leadership student and Froshapalooza performer. "My eyes were closed the whole set so I didn't really see what was going on."

Despite the audience size and Lavolette's passion for the blues, he still manages to see the silver lining in the situation.

"I did have a group of friends come out. I am very fortunate to have the friends I have."

Lavolette wasn't the only one having no problem coping with the crowd size.

"I just wanted to let loose and get sweaty," says Barry Miles, Music student and founding member of The Barry Miles Band. "When there's less people, there's less stress."

Despite the ever-changing audience, performer's attitudes and enthusiasm attempted to fill in for their lack of encouragement.

Starting with the bittersweet musings of fourth year music student Kim Schmidt and ending with the progressive jams of Elgin St. regulars Life Blown Open, there certainly wasn't a lack of entertainment at this year's festival.

"A lot of towns don't have a lot of opportunities for young people to play," says Schmidt. "Here it's great, there are lots of coffee houses and each department has one. You can go and see all different kinds of people play. It's really good."

It was Schmidt's involvement in the coffee house and open stage circuit of Sudbury that caught the attention of SGA Office Coordinator Jessica Seguin.

"We strongly believe that local talent are the future of music," says Seguin, who recruited many of the event's performers.



Photo by Matt Moskal

Andrew Lavolette performs at Froshapalooza to an audience of friends.

Froshapalooza performer and third year Law and Justice student Travis Green says that there is a great need for live music on campus because of its location in relation to the rest of Sudbury.

"It's great to see stuff like this happen even on campus," says Green. "Laurentian is so far away from downtown. For people who don't want to get off campus, it's great to have stuff like this."

This was the first year that Froshapalooza featured performances from all current and

former Laurentian students.

"As a student association we feel that music is extremely important because it is an extension of who you are as a person and we try to develop that within our students and our membership," says Seguin.

The whole event was broadcast live on the air and online by campus radio station CKLU 96.7 FM. To hear the performances from Froshapalooza, check out CKLU's online archives at www.cklu.ca/streaming.htm.



Photo by Luke Norton

Travis Green performs for an intimate crowd at Froshapalooza '09.

Students to stage production of famous Dylan Thomas play at Thorneloe

Luke Norton
Lambda Staff

Four members of the Thorneloe theatre program will be staging a production of Dylan Thomas' *Under Milk Wood*, opening on Friday, Sept. 25.

The play is an abstract view at the lives and thoughts of the inhabitants of an imaginary Welsh village called Llareggub, or 'bugger all' backward. *Under Milk Wood* includes over 60 characters, all of whom will be played by the four actors.

"There's definitely elements of drama, and definitely elements of tragedy, but it moves so quickly that one minute you're laughing, and the next minute you're sad, and then your laughing again," says Jennifer Hazelton, Thorneloe professor and cast member. "The characters are so unique and different from each other that not a single one is the same as the others, so you really find the humour in everyone."

Thomas, a Welsh poet and playwright who died in New York in 1953 - just a short time after the first performance of the play - is alleged to have said that *Under Milk Wood* is a response to the Hiroshima bombing. It's believed that it was Dylan's attempt to reassert beauty into a world grown ugly. The play was actually written as a radio play, but the lack of staging directions provided more inspiration than frustration for the cast.

"I like doing really open, different stuff in theatre," says Hazelton. "For me it was less of a challenge and more of an exciting opportunity to do whatever I wanted with it."

Hazelton was originally the main director, but the small cast and demands of coming in and out of so many characters led to a more collaborative style where everyone provided feedback and ideas.

Rehearsals for the play began in late May. The cast consists of third-year theatre student Ryan Demers and second-year theatre student Callam Rodya, Fine Arts student Natalie Lalonde and is rounded out by Thorneloe's youngest professor, Hazelton, who graduated from Thorneloe's BFA program before studying in Paris at L'Ecole internationale de théâtre Jacques



Photo by Luke Norton

The cast of Dylan Thomas' *Under Milk Wood* (L-R) Natalie Lalonde, Jennifer Hazelton, Callam Rodya, Ryan Demers rehearse for their debut performance on Sept. 25 at Thorneloe.

Lecoq. The show was first staged last year as a workshop production for the Acting I class Hazelton taught. The play hit a strong chord with two of those students, Demers and Rodya, who approached Hazelton about redoing the play in a more professional setting. The fourth member, Lalonde, just happened to be Hazelton's Teaching Assistant and Stage Manager for the Acting I class.

"It's exciting, but nerve-wracking knowing that all the work that you've done is coming down to this one moment," Demers says in anticipation of opening night. "Actors from the STC have come in and given us notes. Thorneloe has been great about letting us use the space."

The show seems to have had a

great impact on its young cast.

"It's a great opportunity to be able to put something like this together, with four independent minds coming together to put on a great show," says Lalonde. "There's lots of really cool moments in it. Students can expect a lot of action; we're four actors playing sixty people, and you don't get to see that every day."

The Thorneloe version will be the maiden production for the Stolen Ceiling Theatre Company, the production arm of the new Student Theatre Association. The production is also a fundraiser. Profits from ticket sales will go towards bringing in theatre and acting professionals to do workshops for Thorneloe theatre

students, in a initiative to help add extra value to their education.

"One of the things we're trying to do with the new Theatre Association is broaden the opportunities for development for theatre students here," Rodya says. "The more opportunities you have for students to see or participate in really unique theatre, the greater their understanding of what theatre can be will become."

"It different than anything that's been staged at Thorneloe before," Hazelton says, encouraging students to attend. "Its like an Olympic decathlon of acting. Even by the end of the first act we're absolutely exhausted. The calibre, and the energy, and the pacing, the

language is just beautiful...you're in for a rollercoaster ride when you come."

EVENING PERFORMANCES

- 8PM
Friday, September 25th
Saturday, September 26th
Thursday, October 1st
Friday, October 2nd
Saturday, October 3rd

General Admission is \$12
Student/Senior Admission is \$8

SPECIAL PERFORMANCES

\$2 Matinee: Sunday, September 27th @ 2PM
Pay-What-You-Can: on Wednesday, September 30th @ 8PM



BA JOHNSTON & SHOTGUN JIMMIE

W/ GUESTS

OCTOBER 2 2009 / 10PM / THE TOWNEHOUSE TAVERN (206 ELGIN)
\$5 / 19+

PRODUCED BY FRANK CHARTERED & THE REALITY'S FRIEND & THE TOWNEHOUSE TAVERN WWW.FORLIFE.NET



TWO HOURS TRAFFIC

W/ THE DANKS, SPIRAL BEACH + GUESTS

OCTOBER 9 2009 / 10PM / THE TOWNEHOUSE TAVERN (206 ELGIN)
\$10 / 19+

PRODUCED BY FRANK CHARTERED & THE REALITY'S FRIEND & THE TOWNEHOUSE TAVERN WWW.FORLIFE.NET



BLIND WITNESS

W/ A TEXTBOOK TRAGEDY, UPHEAVAL OF AN EXORCIST, THE ELDERWOOD NOISE

OCTOBER 5 2009 / 7PM / ALDER HALL (222 ALDER)
\$10 / ALL AGES

PRODUCED BY FRANK CHARTERED & THE REALITY'S FRIEND & THE TOWNEHOUSE TAVERN WWW.FORLIFE.NET

...Quantum Dots...

Mary Thompson
Lambda Staff

Welcome to Quantum Dots where we try to keep you up to date with advances in the scientific world.

Bring on the clouds

Everyone has heard that changes in weather patterns are expected as a result of climate change. Scientists at the National Centre for Atmospheric Research in Colorado are looking at making some weather changes all on their own in an effort to keep it cool. They suggest that increasing the amount of dust and other particles in maritime clouds would increase the number of droplets in the cloud. This would make them whiter and increase their ability to reflect solar radiation. Researchers want to use wind powered sailboats that would spray sea salt from the top layer of the ocean into the atmosphere. These clouds cover a third of the world's oceans and models have shown a significant amount of solar radiation would be reflected by whiter clouds, resulting in cooler global temperatures. However, this would only be a temporary measure to buy us time, about 25 years, before a more permanent solution or change needs to be found.

Deep sea vision

Many of the deep sea fish we are only beginning to discover have amazing adaptations allowing them to survive miles below the surface in complete darkness. Unique among these fish is the Dragonfish, which uses red light to see in the dark. The chemical responsible for the night vision is chlorophyll, the pigment used by plants for photosynthesis. Chlorophyll is thought to have been integrated into the fish's visual system from bacteria in their food. The chemical essentially increases the light spectrum visible to the

fish, picking up red light a normal eye does not detect. Ophthalmic scientists wondered if a technique could be found to enhance other animals' ability to see in the dark, and of course, if it could be used by humans. Chlorophyll drops were administered to mice and rabbits and their ability to see in low light doubled. Scientists are hoping to make chlorophyll available as a drop or pill form.

Exercise, for your brain's sake

Studies are always showing improved health and happiness as a result of exercise. But can it make you smarter too? Several recent studies have linked aerobic exercise to increased memory and better performance on simple cognitive tests. In one study, students were asked to memorize a list of words and then pick them out of a string of random words. The students were then placed into three groups; for 30 minutes the students either sat, lifted weights, or ran. Their recall was tested again after the half hour was up. Students in the running group were significantly quicker and more accurate on the recall test than students who did weights or simply sat. Aerobic exercise is thought to have a more noticeable effect on the brain because there is a large change in blood flow. Increased blood flow carries growth factors, generated in the muscle during exercise, to the brain. More neural connections are created and cognitive function increases. So next time you're looking for a study break, instead of just vegging in front of the TV, try going for a run or bike ride. Exercise is a great way to escape the books and work off some stress. And the greatest benefits for your brain come from aerobic activities that raise your heart rate and really get the blood flowing.

Students have a wild time at this year's Fall Camp



Photo Supplied

Granite Ridge Trail members in no particular order are: C. Blomme, Dr. David Lesbarrères, Joel C. Leduc, Michelle Gillespie, Amanda Griffore, Fallon M. Kirkey, Jennifer E. Meehan, Jamee Ocampo, Brandy L. Smallwood, Mary E. Thompson, Karine C. Charest, Stephanie Dumas, Guillaume C. Perrette and Pierre Echaubard.

Chris Blome
Contributor

Fall Camp is a specialty program offered in order to immerse fourth year Biology students into wilderness for quick and intense learning experience.

The camp was organized and directed by Biology professor Dr. David Lesbarrères and assisted by PhD candidate Pierre Echaubard. The able hands of Brigitte Angster-Beckett took the role of cookie.

Over the course of the week the eleven senior students were introduced to such diverse field topics as ornithology (birds- author), entomology (insects), non-vascular plants (lichens and things- Luc Boileau), freshwater biology (freshwater biology- John Gunn and Andreas Luek), mammalogy (mammals), geology (rocks- Dave Pearson) and botany (plants- Daniel Campbell). The group was stationed out of Killarney Provincial Park. The trail and lake systems were used

to get the first hand experience.

Killarney is well known for its wildlife, particularly the four-footed black giants *munia* we call bears. The group was not disappointed. A large apple tree laden with fruit and located close to the station provided some opportunities to observe a black bear in action. The animal went into the tree to carry out its business of eating the fruit, oblivious to the human activity below.

Other animals noted were river otter, red fox, short-tailed shrew, red squirrel, Eastern chipmunk, raccoon, deer, Midland painted turtle, and some thirty species of birds including turkey vultures and great blue heron. The raccoons were of the curious kind and in the evening would come to the kitchen door looking for leavings. Sometimes the washroom facilities required a nighttime visitation, that's where the raccoons became quite a surprise.

The deer mouse, named Reepee Cheep, in the kitchen

became particularly friendly. It learned that repeated entering of the live trap for peanut butter would not result in a displacement of home. The animal was released repeatedly and photos were taken.

Techniques in wildlife surveys, capture and release and assessment of habitats were presented. The trek up Granite Ridge Trail provided a healthy exposure to some of the migrant species of birds that are encountered in the area. Warblers in particular were emphasized with yellow-rumped, chestnut-sided, black-throated blue, American redstart and common yellowthroat making a debut. At the pinnacle of the trail a group shot was taken. A short drive to Killarney's lighthouse resulted in the exploration of the wetland there. One scene of an Eastern garter snake approaching a green frog was noted. A very small hatchling, midland painted turtle was captured, photographed and released.



Photo by Pierre Echaubard

Black bear at fall camp.

STUDENT SPECIAL

Join Today!

ONLY

\$299

+ TAX

and receive a
FREE GYM BAG!*



1-800-597-1FIT

GoodLife
FITNESS

goodlifefitness.com

*Must be 18 years of age or older with a valid student ID. Platinum and platinum plus clubs excluded. Membership expires 8 months from date of purchase. One club membership only. Limited time offer. Other conditions may apply, see club for details.

"You Cannot Discover New Land Unless You Have The Courage To Lose Sight of The Shore"



Robert Kirwan
Contributor

One of my favourite authors is Tom Peters. He wrote the following observation, "I've spent a good part of my life studying economic successes and failures. Above all, I've learned that everything takes a back seat to innovation."

Unfortunately, most of our busy lives are so focused on solving day-to-day problems that we seldom have any time to even consider opportunities which may lay right on our doorstep. Sadly, many of the people currently occupying leadership roles in business and government spend so much of their time trying to maintain control that they actually discourage employees and colleagues from "thinking outside the box". It doesn't take long for young, ambitious persons starting out in a new career to learn that if they want to keep their job, they better do what they are told and put a lid on things such as innovation, risk-taking and creativity.

I came across a great story recently called, Paper Airplane. It was written by a man named Michael McMillan. The story is about a Grade six teacher who spent an entire week teaching her class about aerodynamics. To finish off the unit she organized a paper airplane contest. Each student was given a sheet of construction paper and 15 minutes to build the "winning" plane that would fly the furthest and win a prize.

The students went to work immediately, carefully folding their paper, hoping to create the perfect plane that would travel farther than all of the others. Before long, everyone was ready to go outside to start the contest. Everyone that is, except for Jeff. He was a unique child and was known for traveling to a "different drummer" if you know what I mean. He usually had his own view of life that was not always the same as the others in the class. Jeff hadn't made even one fold in his paper. He just sat there staring out the window - thinking.

To give him more time, the

teacher told Jeff he could go last. As the contest went on there were some very interesting results. Some of the planes barely flew two meters while others did surprisingly well. As the students in the class each stepped forward to test their creations, Jeff stood there at the back of the line, still holding on to that piece of construction paper.

Before long, Jeff was the only remaining contestant. With great anticipation, the class watched as Jeff approached with his "craft" well hidden behind his back. Then he stepped to the line and exposed his masterpiece...a flat sheet of paper. But just as the class began to snicker, Jeff confidently wadded up the piece of paper into a tight ball, and then drew his hand back and threw it higher and farther than the leading plane had landed.

The rest of the class stood there in amazement. The silence was broken when the teacher began to clap her hands and stepped forward to present Jeff with the first-place prize. The rest of the students then joined in applause and cheered the

champion.

Jeff demonstrated a new way of interpreting a problem. More importantly, he had the courage to act on his vision.

I've met a lot of people in my life like Jeff. Most of them, however, have grown tired of trying to "fight the system" and eventually settled down into a relatively secure life of compliance and conformity. They learned early that "rocking the boat" and "making waves" makes most other people uncomfortable. Your life is a lot less stressful if you just "go with the flow" and do what you are told.

Others have gone on to "think outside the box" and have become very successful through innovations that other people soon came to like once they got over their initial "fears".

T.S. Elliot once said, "Only those who are willing to go too far can possibly find out how far they can go."

The next time you come up with an idea that seems "outside the box", have the courage to act on your vision. If you fail, you

fail. At least then you will know how far you can go or at the very least, what you must do to go further the next time. T.S. Elliot's message is true. If you never fail, you never really know just how far or how successful you could become. You have to fail in order to know when you've gone too far.

Remember, in order for Christopher Columbus to discover America, he had to have the courage to lose sight of the shore.

You are now well into the first semester of a new school year. Don't hold back. Have the courage to see just how far you can go this year.

I would like to invite all of my readers to tune in to my radio show every Monday from 6 to 8 p.m. on CKLU 96.7 FM, or listen to the live streaming over the web site at www.cklu.ca. Hopefully my guests will share stories with you that will demonstrate that there is still room in this world for innovation and creativity.

Have a good week!

STC Artistic Director talks new season at Open House

Jacqueline Miller
Lambda Staff

The Sudbury Theatre Centre held an Open House on Sept. 10 attracting many of their regular patrons and Laurentian students to find out more about the upcoming season.

The theatre centre's new Artistic Director, David Savoy, took the opportunity to explain his aim for the current year: give Sudbury a theatre experience within everyone's reach.

Those at the Open House were invited into areas not normally accessible to the theatre-going public. The tour took them from the costume room to the lighting and sound booth and even for snacks in the green room.

Attendees were also able to get a special sneak preview of the current STC season, which starts Oct. 1.

The first production of which is Ken Ludwig's comedy of errors, *Leading Ladies*.

Leading Ladies is the story of two down-on-their-luck Shakespearean actors who read about a wealthy matron in York, PA on her deathbed. Her will promises a vast fortune to her long-lost nephews. The two actors head to York to take advantage of the situation. Unfortunately, upon their arrival, they discover that the elder woman's heirs aren't nephews, they're nieces. Not to be discouraged, they employ deceit

and panty hose to mask their true identities to continue their quest for her fortune. *Leading Ladies* runs until Oct. 18.

Doubt: A Parable, arrives on the STC stage on Nov. 5 and runs until Nov. 15. It is the first drama of the season. Patrons are offered a chance to really question what they see on the stage.

Doubt follows the story of Father Flynn, a parish priest of a Catholic school. Audiences will be challenged to decide if he is guilty of abusing his position, as well as the school's first black student. It is likely to bring many questions of morals to the surface and cause an examination of both the characters on stage and ourselves.

In Dec., the theatre centre will bring in an extra offering. *Sleeping Beauty* by Charles Way will run from Dec. 4 to Dec. 20.

Way has taken the classic story of *Sleeping Beauty* and imbued it with modern elements. It features everything from troublesome fairies to dashing sword fights and an evil giant Spider King, not to mention a beautiful Princess and a handsome Prince. For anyone who loves the original, the newest version will surely be a treat, especially for those who prefer a more independent Princess.

Just on the tail end of Valentine's Day, Norm Foster's *The Love List* opens on Feb. 18 and runs until Mar. 7.

The Love List tells the story of Bill and Leon, two friends who

create a list of all the qualities the perfect woman should have. Both are flabbergasted when she appears. What happens when Bill decides to change one of the qualities? Enjoy this comedic gem from a reputable Canadian playwright, and laugh from start to finish.

From Mar. 18 to Mar. 28, you can experience the story of a forgotten Canadian folk hero in Lindsay Price's *The Flying Bandit*.

The Flying Bandit is Ken Leishman, a 1960's gentleman bandit with a three-piece suit and winning smile. Famous for hot-wiring planes, robbing banks and staging stunning jailbreaks, Leishman eludes the law and wins the hearts of many before suddenly disappearing. This historical one-man show looks to give an obscure piece of Canadian history another chance in the spotlight.

STC's final main stage production is *The Full Monty*. Based on the book by Terrence McNally, with score by David Yazbek, this show runs from Apr. 29 to May 16.

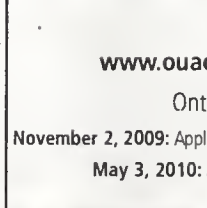
The Full Monty follows six unemployed buddies who, after seeing their wives enthusiasm for the travelling Chippendales show, set out to make some quick cash and show what "real man" bodies look like. But until opening night, no one knows if the audience will actually be getting the "Full Monty". A ladies' night, where audience members will have the opportunity to meet the cast members, will be announced at a later date.

Tomorrow's Professionals
Apply Today!

Apply Online!



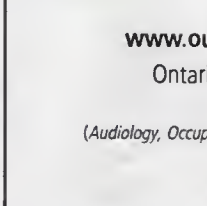
OMSAS www.ouac.on.ca/omsas/
Ontario Medical School Application Service
September 15, 2009: Last day to register for online applications
October 1, 2009: Application deadline



www.ouac.on.ca/olsas/ **OLSAS**
Ontario Law School Application Service
November 2, 2009: Application deadline for first-year English programs
May 3, 2010: Application deadline for upper-year programs



TEAS www.ouac.on.ca/teas/
Teacher Education Application Service
December 1, 2009: Application deadline for English programs
March 1, 2010: Application deadline for French programs



www.ouac.on.ca/orpas/ **ORPAS**
Ontario Rehabilitation Sciences Programs Application Service
(Audiology, Occupational Therapy, Physical Therapy/Physiotherapy, Speech-Language Pathology)
January 8, 2010: Application deadline



ONTARIO UNIVERSITIES' APPLICATION CENTRE
CENTRE DE DEMANDE D'ADMISSION
AUX UNIVERSITÉS DE L'ONTARIO

170 Research Lane
Guelph ON N1G 5E2
www.ouac.on.ca

Turning parking spaces into green spaces



By Matt Moskal

Anne Boulton and Jessica Nadel occupy a parking space outside of the Laughing Buddha on Elgin St. The space was turned into a temporary park or "Green Space" where a group of environmentalists and passerbys partook in yoga classes, board games and ate food from local eateries. The project was part of a cooperative effort from Critical Mass and Green Sudbury.

Young Laurentian women rally to Take Back the Night

Luke Norton
Lambda Staff

Several young women from Laurentian joined in with women of the community of all ages and backgrounds on Sept. 17 as part of the Sudbury Sexual Assault Crisis Centre's 31st annual Take Back the Night march.

The yearly event sees hundreds of women from all over Sudbury take to the streets in order to assert their rights and to bring awareness to the continuing problem of violence against women. Mackenzie Marshall, a former Laurentian student who is currently working for a local emergency shelter for women called the YWCA Geneva House, was one of the young women in attendance.

"I think it's important for any community to break the silence and

show people that when women speak up and they unite, that action can be taken," Marshall said, "Hopefully we can increase awareness about violence against women."

Wanting to increase awareness of that plight is why community member Martha Cunningham-Closs brought her eleven year-old daughter Nieve to the rally.

"Violence is a problem in our society, especially against women, and I wanted to show my daughter that there's only a certain time when you can walk the streets at night as a woman, and it's during Take Back the Night."

In addition to a number of current Laurentian students, some of Laurentian's alumni were in attendance. Shailagh Manque, a former student of Sociology and Political Science, argues that the struggle for women's rights is at

least in part a struggle of shaping attitudes.

"Here in Canada, we're living in a state where there's over a hundred cases of missing or murdered women every year. It's so important to foster a culture that recognizes that violence against women happens," Manque said, "and a culture that empowers women to do things like Take Back the Night."

Another alumni, recent Communication Studies graduate Melissa Bikowski, was also in attendance and spoke to the importance of annual participation in the event.

"Before the march, women who had experienced abuse spoke up about their abuse, and about how the only way they got through it was knowing that other women had been in their shoes," Bikowski said. "I

think it's important for us to get back together every year and to remind them that we are here for them as women."

Judging by the amount of young women in attendance at the rally, that message is reaching a new generation of women, an important goal according to most women interviewed.

"We have to be aware so that we don't just accept this as 'the way it is,'" Cunningham-Closs argued. "It doesn't have to be that way, and you have to keep it on the front burner. So that people know it's outrageous that women face violence the way that they do."

When we asked Cunningham-Closs' eleven year-old daughter Nieve why she wanted to attend the event, the answer that came back was a little less idealistic.

"I thought it would be kind

of fun to come out and march in the street."

Yet, most women at the rally saw a really positive growth in interest and participation from young women.

"I think for the younger ones it's very invigorating seeing women running around shouting and being rebels," Marshall said. "It's something that I think even younger kids can understand at a political level, and it's important for them to know their rights and for them to know what has happened, and continues to happen, to women."

"There's all kinds of challenges and obstacles that women still face," Cunningham-Closs concluded. "We've come a long way, but we still have a long way to go. This is a way for us to keep people thinking about what is systemic, and to keep fighting it."



(Left) Third year History (Con-Ed) student Samantha Young and fourth year Bio-med student Michelle Moore sell baked goods outside of the Froshapalooza concert on behalf of WUSC.

(Right) Alexisonfire's merchandise table. Life on the road is a dream.

